

Paul Berkelhammer, LMHC, CP, CGP

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CURRICULUM VITAE

LICENSURE:

- Licensed Mental Health Counselor, State of Washington, 2001, LH00005366
- Approved Supervisor, State of Washington, 2023.

EDUCATION AND AWARDS:

- Masters in Counseling Psychology, Antioch University, Seattle, WA, 1992.
- Bachelor of Science, Cum Laude, Geology, University of Massachusetts, Amherst, MA, 1984.
 - Phi Beta Kappa Honor Society
 - LR Wilson Award for Outstanding Graduating Senior in Geology.

JOB EXPERIENCE:

- Private Practice, Seattle, WA, 1996 – present.
Individual and group and psychotherapy, residential retreats and workshops, consultation, and supervision.
- Emergency Room Social Worker, Stevens Hospital, Edmonds, WA, 1997-1998.
- Mental Health Specialist
 - Harborview Medical Center, Seattle, 1997-1998.
 - Valley Medical Center, Renton, WA, 1996-1997.
 - Northwest Evaluation & Treatment, Seattle, WA, 1993-1994.
- Case Manager, Community Psychiatric Clinic, Seattle, WA, 1994-1996.

POST GRADUATE SPECIALTY CERTIFICATIONS:

- Certificate in Adult Psychoanalytic Psychotherapy Program, Seattle Psychoanalytic Institute and Society, 2014.
- Certified Group Psychotherapist, American Group Psychotherapy Association, 2013.
- Certified Practitioner of Psychodrama, Sociometry, & Group Psychotherapy, American Board of Examiners in Psychodrama, Sociometry, & Group Psychotherapy, 2001.

GROUP THERAPY TRAINING

- Group Therapy Training with Jeff Hudson, LPC, virtual. August 2017 - present.
Focus: Modern Analysis.

- Group Therapy Training for therapists with Ellen Wright, PhD, March 2016 - present. Focus: Modern Analysis, and Diversity, Equity, and Inclusion.
- Psychodrama, Sociometry and Group Psychotherapy Training, Multiple trainers, 1993 -2001, Seattle, WA.

GROUP THERAPY LEADERSHIP

- Men's psychotherapy group, 1½ hours weekly, Modern Analytic orientation, November 2016 – present.
- Mixed gender psychotherapy group, 1½ hours weekly, general psychodynamic focus, September 2010 – February 2012.
- Two mixed-gender psychotherapy groups, co-led with Jane Holmes, general psychodynamic focus with psychodrama, 1998-2010.
- Mixed gender psychotherapy group co-led with Babs Glover, psychodynamic focus with psychodrama, January 2002 – June 2005.
- Mixed gender psychotherapy group co-led with Julie Hendrickson, psychodynamic focus with psychodrama, January 2000 – August 2001.
- Men's psychotherapy group co-led with Peter Ettel, interpersonal focus with psychodrama, April 1998 – August 2001.

RETREAT FACILITATION

- Extended Weekend Retreats, 2006-2012, Hood Canal, WA. Annual 4-day residential group psychotherapy retreats co-led with group psychotherapy colleagues. Process group focus.
- Residential and non-residential mixed gender group therapy workshops, co-led with Katelyn Staecker, 2001-2012, Astoria, OR. Psychodrama and process focus.
- Residential group therapy retreats co-led with Jane Holmes, 1998-2009, Seattle, WA. Psychodrama and process focus.
- Residential and non-residential men's group therapy workshops, co-led with Peter Ettel, 1998-2003; 2006-2007. Seattle, WA. Psychodrama and process focus.
- Non-residential mixed gender group therapy workshops, co-led with Babs Glover, April 2001 and February 2002, Seattle, WA. Psychodrama and process focus.
- Non-residential men's group therapy workshops co-led with John Mosher, psychodynamic with psychodrama, August 2000 and 2001, Seattle, WA.

PROFESSIONAL PRESENTATIONS, WORKSHOPS, and TEACHING

- American Group Psychotherapy Association, Connect Meeting, March 2023, New York, NY. Facilitated 2-day Process Group Experience for group psychotherapists.
- American Group Psychotherapy Association, Connect Meeting, March 2022, virtual. Facilitated 2-day Process Group Experience for group psychotherapists.
- Northwest Alliance for Psychoanalytic Study, May-June 2020, virtual. Led weekly support group for Alliance members.
- American Group Psychotherapy Association Connect Meeting, March 2019, Los Angeles, CA. Workshop: "Building Healthy Affiliates", AGPA Leadership Track.

- Puget Sound Group Psychotherapy Network, Annual conference 2018, Seattle, WA. Organized and provided consultation to leader group of leaders for 2-day Process Group Experience.
- American Group Psychotherapy Association, Connect Meeting, March 2016, New York, NY, Workshop: “Creating Cohesion: The Art of the Progressive Warm-up.”
- Puget Sound Group Psychotherapy Network, Annual conferences, 2016 and 2013, Seattle, WA. Facilitated 2-day Process Group Experience for clinicians.
- Puget Sound Group Psychotherapy Network, January 2015, Seattle, WA. Developed curriculum, assembled, and organized staff of 5 senior group therapists for 2-day, 12-credit course to become an AGPA Certified Group Psychotherapist.
- Northwest Alliance for Psychoanalytic Study, September 2015 – June 2016 and September 2014 – June 2015, Seattle, WA. Facilitated Mentor group for new clinicians.
- Northwest Alliance for Psychoanalytic Study, Seattle, WA. Group Psychotherapy Study Groups. Focus 2012: Cohesion in Group Psychotherapy. Focus 2013: The Frame in Group Psychotherapy.

PROFESSIONAL ORGANIZATIONS:

- American Group Psychotherapy Association.
 - Co-Chair, Membership Committee, March 2016 – March 2020.
 - Member, Board of Governors, March 2014 – March 2016
 - Member-at Large, Affiliate Society Assembly, March 2014 – March 2016.
- Puget Sound Group Psychotherapy Network, (AGPA Affiliate)
 - Representative to the Affiliate Society Assembly, June 2011 – 2014.
 - Treasurer, July 2008 – 2013.
 - Conference Co-Chair, 2011, 2012
 - Programs Co-Chair, April 2007 – June 2008.
 - Membership Chair, 2004 – 2007.
- Northwest Alliance for Psychoanalytic Study, member, Seattle, WA.